

Championship 2024 - Men

posn	runner	PRR age cat	races run (inc marathon)	total points (best SEVEN scheduled races + marathon)	Tom Scott 10		Loch Leven HM		Helensburgh 10K		Mhor 84 HM		Ceves 8		Stirling 10K		Linhingow 10K		Jedburgh HM		Templeton 10		Jimmy Irvine 10K		Marathon			
					Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		Results Link		time	where	pts	
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	where
1	Michael McConnell	SEN	8	796	57:35	99	1:16:44	100	34:52	100					34:18	100			1:20:48	99	1:01:44	100	35:32	100	2:51:18	Loch Rannoch	98	
2	Dean Abberley	SEN	8	778	1:08:17	97			40:05	99	1:37:15	100	53:23	99	39:28	96			1:34:58	97	1:08:37	98			3:39:39	Loch Rannoch	92	
3	Willie Laing	SEN	8	777			1:39:41	96			1:46:10	98	55:03	98	39:02	97			1:30:40	98	1:08:26	99	39:22	98	3:38:28	Loch Ness	93	
4	Richard Ward	V50	8	772	1:13:34	95	1:36:11	98	43:47	97	1:43:21	99	59:12	96	43:04	94	43:22	99							3:37:16	London	94	
5	Alan Rigby	V50	9	745	1:28:05	91	2:01:52	90	51:03	96	2:07:15	97	1:08:15	91					1:46:33	94	1:22:03	93	47:06	95	4:29:41	Larnaca	88	
6	James Fotheringham	V60	9	683	1:08:41	96	1:31:57	99	41:08	98			58:01	97	42:49	95	43:08	100	1:36:07	96	1:12:25	96	42:12	97				
7	Barry Campbell	V40	8	656	1:18:35	93	1:50:01	92					1:08:12	92	47:47	91	47:14	97	1:44:15	95	1:22:01	94	47:44	93				
8	Stewart Reid	V40	7	652	1:20:14	92	1:48:11	94					1:06:24	94			49:18	96	1:56:08	93	1:28:25	91	48:55	92				
9	Alan Bothwell	V60	5	472	1:16:19	94	1:49:41	93					1:04:16	95	45:04	92	45:36	98										
10	Elliot Collins	SEN	4	398									48:05	100	34:36	99			1:19:09	100					2:44:40	Manchester	99	
11	Peter Ritchie	V60	4	359			1:57:48	91					1:25:48	90										1:00:34	91	4:37:19	Elgin	87
12	Gordon Lindsey	V60	3	282			1:44:17	95							44:46	93								47:06	94			
13	Finlay Dale	V60	2	182															2:17:40	92	1:48:39	90						
14=	Stuart Robertson	V50	1	100																					2:42:35	London	100	
14=	James Waldie	SEN	1	100	54:11	100																						
16	Michael Soutar	SEN	1	99																				38:48	99			
17=	Duncan Ryan	V50	1	98											38:34	98												
17=	Garry Smith	V50	1	98	1:07:41	98																						
19=	Harvey Mackie	SEN	1	97																					2:57:31	London	97	
19=	Brian Galletly	V50	1	97			1:38:03	97																				
19=	Paul McCormick	SEN	1	97																	1:09:32	97						
22=	Iain Niblock	SEN	1	96																					3:03:14	Loch Rannoch	96	
22=	Ronnie Glen	V50	1	96																				45:06	96			
24=	Kevin Riddell	V40	1	95																					3:16:11	Boston	95	
24=	Ronan McDonnell	V50	1	95																	1:18:19	95						
26	Nathan Campbell	JUN	1	93									1:07:59	93														
27	David Stokoe	V50	1	92																					1:25:52	92		
28	Chris Duffy	SEN	1	91																						3:44:26	Loch Rannoch	91
29	Roy Mitchell	V60	1	90																					3:54:56	London	90	
30	Garry Brailsford	V40	1	89																					3:55:28	Brighton	89	

Notes

- age groups are as used by PRR for the Championship - MS, M40, M50, M60, FS, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.
- we only award Champs trophies up to M60 and F60 inclusive; runners in older categories see their true category shown in brackets but are eligible only for M60 or F60 silverware.
- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.
- points are awarded on the basis of race finish position and thus on GUN time.
- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.
- consequently, points awarded may not be in order of time shown.
- total points are amassed from a runner's best SEVEN scores across the 10 prescribed races PLUS a marathon if run (NB: completer medal requires only the seven races or six + marathon; completers are highlighted **YELLOW**).
- race times are coloured (using the key to right) to show the Club Standard achieved by that time.
- Club Standards levels shown are determined by the age of the athlete on the day of the race.
- PNT = points not taken (normaly a vest-wearing thing).
- marathon points (in peach shading) shown are provisional and will be finally determined at end of calendar 2023.

DIAMOND
PLATINUM
GOLD
SILVER
BRONZE
GREEN