Summary Series 2024 - Ladies

posn	runner	PRR age cat	races run (inc TT)	total points	Montrose Parkrun 20th April time	pts	Thornhill 10K 5th May time	pts	Milnathort Dash 27th June time	pts	Falkirk Parkrun 29th June time	pts	Crieff 10K 7th July time	pts	Graham Clark Memorial 13th August time	pts	Cambus Quarter 25th August time	pts	East Neuk 10K 22nd September time	pts
1	Lorraine MacPherson	V40	6	299	21:49	50	42:49	50	36:05	49	21:50	50	47:01	50			45:37	50		
2	Ann Reed	V60	6	287			55:18	46	43:58	45	26:08	48	56:48	48	31:07	50			52:43	50
3	Maria Dale	V60	7	285	27:21	49	53:27	47	52:57	41	28:40	47	1:01:55	45	33:07	49	58:56	48		
4	Caroline Hogarth	V40	6	275			1:00:54	44	49:54	43			1:03:19	44	34:40	48	1:00:20	47	56:39	49
5	Jenny Shilton	V60	7	266	33:59	45	1:11:02	40	1:00:11	39	34:32	46	1:15:07	43			1:13:11	46	1:08:48	46
6	Claire Douglas	V50	3	145			49:21	48	39:40	48	23:39	49								
7	Fiona Nethercote	V60	3	135	33:03	46	1:07:53	42											1:04:38	47
8	Lou Ella Cole	V40	2	96			47:05	49					57:37	47						
9	Aga Mroczkowska	SEN	2	95					43:44	46							54:12	49		
10	Ana De Miguel	V50	2	93	29:18	48	58:48	45												
11=	Sally Newton	V60	2	85	34:55	44	1:10:16	41												
11=	Sarah Hammersley	V50	2	85			1:02:21	43	51:38	42										
13	Liz Johnston	V50	1	50					35:12	50										
14=	Diane White	V50	1	49									51:12	49						
14=	Harriet Shaw	SEN	1	49															56:39	49
16=	Corrine Main	V60	1	47	29:59	47														
16=	Nicola Crowe	V40	1	47					42:00	47										
18	Rhona Barclay	V50	1	46									1:00:12	46						
19	Michelle Ridgeway	V40	1	44					45:28	44										
20	Lindsay Finch	V40	1	43	37:11	43														
21	Eleanor Haig	V40	1	40					54:19	40										

Notes

- *age groups are as used by PRR for the Championship - MS, M40, M50, M60, FS, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.*
- *we only award trophies up to M60 and F60 inclusive; runners in older categories see their category shown in brackets but are eligible only for M60 or F60 silverware.*
- *age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.*
- *points are awarded on the basis of race finish position and thus on GUN time.*
- *however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.*
- *consequently, points awarded may not be in order of time shown.*
- *total points are amassed from a runner's best SIX scores across the 8 prescribed races.*
- *points for the East Bank Dash TT will be awarded when the window for attempts closes on 31st August; times so far recorded are shown here for completeness.*
- *East Bank Dash TT times may feature two listings: a) unitalicised (Strava time, on which the SS points ranking is based unless no Strava time is available) and b) italicised and in brackets (manual time taken at PRR mass attempt).*
- *runners highlighted in yellow qualify for a SS finishers' medal.*

Summer Series 2024 - Men

posn	runner	PRR age cat	races run (inc TT)	total points	Montrose Parkrun 20th April time	pts	Thornhill 10K 5th May time	pts	Milnathort Dash 27th June time	pts	Falkirk Parkrun 29th June time	pts	Crieff 10K 7th July time	pts	Graham Clark Memorial 13th August time	pts	Cambus Quarter 25th August time	pts	East Neuk 10K 22nd September time	pts
1	Gordon Lindsay	V60	7	293			44:52	50	40:11	44	23:21	50	49:43	48	28:44	47	50:28	48	45:20	50
2	Finlay Dale	V60	7	283	31:45	50	1:10:48	48	57:44	40	31:58	49	1:11:42	47	38:51	45	1:07:04	44		
3	Douglas Robertson	V40	6	281	36:59	49	1:14:29	47					37:00	48	1:23:30	46	1:16:41	43	1:14:09	48
4	James Fotheringham	V60	4	190					42:30	43			43:50	49	26:23	49	46:04	49		
5	Paul Hammersley	V50	3	142			50:11	49	38:48	47							50:56	46		
6	Alan Rigby	V50	3	140											30:52	46	53:38	45	47:35	49
7	Nathan Campbell	JUN	2	100											25:27	50	45:50	50		
8	Barry Campbell	V40	2	95											28:39	48	50:35	47		
9=	Michael McConnell	SEN	1	50					29:09	50										
9=	Graeme Parker	V60	1	50									43:19	50						
11	Duncan Ryan	V50	1	49					32:10	49										
12	Gregor Ryan	SEN	1	48					36:11	48										
13	Grant Wooler	V60	1	46					39:33	46										
14	Richard Hughes	V40	1	45					40:08	45										
15	Peter Ritchie	V60	1	42					48:59	42										
16	Martin MacDonald	V60	1	41					57:08	41										

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