



Brig Bash 2024 – final instructions

Thank you for signing up to the **25th Brig Bash Road Race**, which takes place on **Wednesday 3rd July at 19:30** (start time). You will have received a confirmation email with detailed information on the event from EntryCentral when you entered the race. However, please read the additional, important information below.

A **map** of the event location, parking options and facilities can be found [here](#). Please take a look, especially at parking arrangements!

Further information on the Brig Bash – its history, previous results, course records/best runs etc – can all be found on the Brig Bash page of the PRR website [here](#).

CAR PARKING: **Primary/preferred competitor parking is at Dunbarney Primary School**, entered from Station Road, Bridge of Earn, **PH2 9DY** (satnav postcode). This is a short (200m) walk to race HQ/registration at the Bridge of Earn Institute (PH2 9EA) and another 200m to the start line on Manse Road. Once (and only when) the school car park is full, there is overspill parking on the grass/football pitch opposite the Institute. See attached map for details. Parking marshals will be evident on Station Road and will guide you to a space. **Parking at both locations is limited so please car share if possible.** *We would ask that competitors avoid on-street parking, and head first to the designated parking above.*

REGISTRATION: Registration will be from **18:00 to 19:10, in the Bridge of Earn Institute, 123 Station Road, Bridge of Earn, PH2 9EA**. Note that registration will be in the main, larger room (straight ahead) at the Institute rather than in the traditional, smaller room to the left. Here, you will receive your race number. **You must wear your full, unfolded number on your chest** (not on thigh, side etc) and ensure it is clearly visible throughout the race. For safety and insurance reasons, swapping of race numbers is strictly prohibited. Runners must use the race number they have been allocated and must not transfer their number to somebody else. *Anyone caught transferring numbers will be disqualified and may also be banned from future events. Not only can this make a right mess of the results/prizes, it can have serious implications if a runner becomes unwell during the event.*

RACE START: **The race starts on Manse Road** near the Manse Road/Chaise Road junction (see map) **at 7.30pm** - this is a couple of minutes along the road from (and behind) Race HQ/Institute. A klaxon/horn will be sounded at the Institute at 7:20 pm to alert runners to head to the start. **A welcome and race briefing will commence at 7:25 sharp**. Please allow yourself time to get to the start. As the Brig Bash is very much an **open road race**, we request that you attend this briefing to understand all aspects of safety on the course, including adhering to marshal instruction. Anyone who does not follow marshal instructions will be disqualified.

TOILETS: Toilets are available inside the Bridge of Earn Institute (turn right on entering). There will also be portaloos available outside the Institute. **There are no changing facilities**, so please turn up ready to run.

HEADPHONES: Given the open-road nature of the course, and for the safety of all runners (the course is not without hazards), it is important that all runners can hear instructions from marshals. **Therefore, the use of headphones (even including bone conducting ones) during the race is not permitted.** Anyone ignoring this rule will be disqualified. If you can't run without them, please don't compete.

TIMING: In line with most recent Brig Bashes, the race is timed on **gun time** (and is not start-line chip timed). Please align yourself suitably and considerately at the start line based on your pace and need to pursue a target time.

WATER: Bottled water (500 ml bottles) will be available at the finish. There will also be a water station at just over 2 miles into the race. Used bottles should be dropped at a drop zone at/with the next marshal, some 400m beyond the water station or (less preferred) with subsequent marshals. **Please do not litter the course.**

BRIG BASH MILE: introduced in 2011, the race to be the first man and lady through the 1-mile mark returns again this year. Current records are 4:24 (M) and 5:20 (F). Note that Brig Bash prizes will only be awarded (winner or record bonus) to a competitor **if the entire Brig Bash course is completed** (ie "mile-only" attempts will not be rewarded!)

COMPETITOR KIT: we are not operating a bag zone, but entrants' bags may be left (carefully) around the perimeter of the main Institute room at the owner's own risk.

DOGS: We love dogs, but ask that, if bringing a dog with you, you do **not** take them into the Institute.

REFRESHMENTS: The famous Brig Bash Spread will be available after the race in the Institute from 8:10 onwards. We kindly ask – to reduce waste - that you **bring your own plate/cups** to be able to enjoy the Brig Bash Buffet. Hot drinks will only be available to those who bring their own cup.

WASTE: Please ensure any waste (especially plastic bottles and food waste) is put into the correct and marked bins available at the finish and Institute.

RESULTS: *provisional* results will be available on [webscorer's results page](#) during/after the race, and will also be displayed live on a laptop screen within the Institute. Official, tabulated results will be posted on the Brig Bash FB page and Perth Road Runners website later in the evening.

PRESENTATION/PRIZEGIVING: This will be held in the Bridge of Earn Institute once all results have been confirmed. We expect this to happen at **8.40pm**. We hope that as many competitors as possible will remain for this part of the evening.

SPONSORS: We would like to thank our **sponsors**, being:

Fyffes: <https://www.fyffes.com>

Tunnock's: <http://www.tunnock.co.uk/>

Johns Scone Mad: https://www.facebook.com/johnssconemad/?locale=en_GB

Perth Road Runners greatly look forward to welcoming you on Weds 3rd July and hope you enjoy your run. If you have any questions in the meantime, please email race@perthroadrunners.co.uk