

Summer Series 2024 - Ladies

posn	runner	PRR age cat	races run (inc TT)	total points	Montrose Parkrun 20th April Results Link															
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts
1	Lorraine MacPherson	V40	1	50	21:49	50														
2	Maria Dale	V60	1	49	27:21	49														
3	Corrine Main	V60	1	48	29:59	48														
4	Fiona Nethercote	V60	1	47	33:03	47														
5	Jenny Shilton	V60	1	46	33:59	46														
6	Sally Newton	V60	1	45	34:55	45														
7	Lindsay Finch	V40	1	44	37:11	44														

Notes

- age groups are as used by PRR for the Championship - MS, M40, M50, M60, FS, F40, F50, F60 - thus in 10-yr increments and not the 5-yr gaps often used by the races themselves.
- we only award trophies up to M60 and F60 inclusive; runners in older categories see their category shown in brackets but are eligible only for M60 or F60 silverware.
- age group shown for each athlete is determined by that which applies on date of first race of series - this then applies to the whole series.
- points are awarded on the basis of race finish position and thus on GUN time.
- however, times shown are CHIP time so that runners can use this table to see their true times for the season's races and distances.
- consequently, points awarded may not be in order of time shown.
- total points are amassed from a runner's best SIX scores across the 8 prescribed races.
- points for the East Bank Dash TT will be awarded when the window for attempts closes on 31st August; times so far recorded are shown here for completeness.
- East Bank Dash TT times may feature two listings: a) unitalicised (Strava time, on which the SS points ranking is based unless no Strava time is available) and b) italicised and in brackets (manual time taken at PRR mass attempt).
- runners highlighted in yellow qualify for a SS finishers' medal.
- PNT = points not taken (vests etc).

Summer Series 2024 - Men

posn	runner	PRR age cat	races run (inc TT)	total points	Montrose Parkrun 20th April Results Link															
					time	pts	time	pts	time	pts	time	pts	time	pts	time	pts	time	pts		
1	Finlay Dale	V60	1	50	31:45	50														
2	Douglas Robertson	V40	1	49	36:59	49														

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