

BRIG BASH FINAL EMAIL INSTRUCTIONS

Thank you for signing up to the 24th Brig Bash Road Race, taking place on Wednesday 5th July at 19:30. You will have received a confirmation email with detailed information on the event from EntryCentral when you entered the race, however please read the additional information below regarding the race.

CAR PARKING: Parking is available at Dunbarney Primary School, entering from Station Road, Bridge of Earn, PH2 9DY. This is a short (approx 400m) walk from the start line on Manse Road. Parking at the school is limited so please car share if possible. There is also street parking available but please ensure you park considerately as it is a residential area.

REGISTRATION: Registration will be from **18:00 to 19:10, in the Bridge of Earn Institute, 123 Station Road, Bridge of Earn, PH2 9EA**. You will receive a number with chip timing. Please ensure you **wear your number on your front** and it is clearly visible throughout the race. For safety and insurance reasons, swapping of race numbers is strictly prohibited. Runners must use the race number they have been allocated and must not transfer their number to somebody else.

Anyone caught transferring numbers will be disqualified and may also be banned from future events as this can have serious implications if a runner becomes unwell during the event.

RACE START: The race starts at the **Manse Road/Chaise Road junction at 7.30pm** – this is a couple of minutes along the road from the Bridge of Earn Institute. Please allow time to get there 10 minutes before the race starts for the briefing. As this race is an **OPEN ROAD** race, we request that you attend this briefing to understand all aspects of safety on the course, including adhering to marshal instruction. Anyone who does not follow marshal instruction will be disqualified.

TOILETS: Toilets are available at the Bridge of Earn Institute and there will also be portaloos available but there are no changing facilities, so please turn up ready to run.

HEADPHONES: Given the nature of the course and for the safety of all runners it is important that all runners can hear instructions from marshals. Therefore, the use of

headphones (including bone conducting ones) during the race is **NOT PERMITTED**. Anyone ignoring this rule will be disqualified. If you can't run without them, then please don't enter.

DOGS: We kindly ask that if you are bringing a dog with you that you do not take them into the Institute.

REFRESHMENTS: Refreshments will be available after the race in the Institute. We kindly ask that effort is made to **bring your own plate/cups** to be able to enjoy the Brig Bash Buffet. Hot drinks will only be available to those who bring their own cup. Please ensure any waste is put in the bins made available.

The prizegiving will be held in the Bridge of Earn Institute once all results have been confirmed, we expect this to happen at 8.40pm. We look forward to welcoming you on the night and hope you enjoy your run.

We would like to say a BIG THANK YOU to our sponsors:-

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